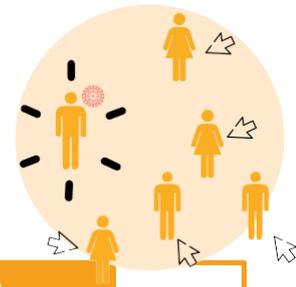


# Home isolation for suspected cases of COVID-19 until PCR results are available



## Which measures should I take while waiting for the results?

/ You must remain isolated in the same manner as a positive COVID-19 case. Therefore, the main measures are to isolate yourself in a single room, to strive not to leave it without a mask, to keep the room well-ventilated, to do your laundry separately, to clean the bathroom after each use if you do not have a single bathroom, and to avoid any unprotected close contact with people you live with.



// It is important that you remain available.



## How will I know my PCR results?

/ You can check the **results of the test** through **La Meva Salut** in a deadline of **48-72 hours** after the sample was taken.

If you still **do not have access** to **La Meva Salut**, you can register an account through the following form:

► [lamevasalut.gencat.cat/alta](https://lamevasalut.gencat.cat/alta)

/ If you need to process sick leave, go to **La Meva Salut** and open an **eConsultation** with your healthcare professional.

## What should I do if my PCR results are negative?

/ If the **PCR is negative**, your healthcare professional may decide to end your preventive isolation or to continue to monitor your symptoms.

/ If there are any clinical suspicions of a COVID-19 infection, you may be tested again after 48 hours.



## What should I do if my PCR results are positive?

/ If the results of the **PCR are positive**, you must remain isolated at home.

This information **will be provided to you (by phone or SMS)** as soon as the results are available.

Information on how to do so is available here: [https://canalsalut.gencat.cat/web/.content/\\_A-Z/C/coronavirus-2019-ncov/material-divulgatiu/consells-aillament-domiciliari.pdf](https://canalsalut.gencat.cat/web/.content/_A-Z/C/coronavirus-2019-ncov/material-divulgatiu/consells-aillament-domiciliari.pdf)



**/ Remember: early detection of people with COVID-19 and rapid identification and isolation of close contacts is essential to keep the pandemic under control.**

**We cannot grow complacent. Let's avoid another outbreak!**



For more information, please visit [canalsalut.gencat.cat/coronavirus](https://canalsalut.gencat.cat/coronavirus)