What is coronavirus SARS-CoV-2?

SARS-CoV-2 is a new type of coronavirus that can affect people. It was first detected in December 2019 in the city of Wuhan, China, and it has spread to other countries since then.

The symptoms are similar to the flu and 80% of the cases are mild. Severe cases generally affect the elderly or people with other pathologies.

How it’s spread

It is mainly spread in cough and sneeze droplets and in direct contact with body fluids. Airborne transmission at a distance greater than 2 metres is unlikely.

The incubation period is between 2 and 14 days.

Symptoms of coronavirus

A high temperature

A cough

Shortness of breath

Feeling unwell

How it can be prevented

Wash your hands with soap and water often or use hand sanitiser gel.

Cover your mouth and nose with disposable tissues and wash your hands afterwards.

Cover your mouth and nose with your sleeve when coughing or sneezing and wash your hands afterwards.

Avoid sharing food, tools or other objects without cleaning them properly.

If you think you might be affected by coronavirus SARS-CoV-2, call 061 Salut Respon and we’ll inform you on what to do.

For more information, check canalsalut.gencat.cat/coronavirus or call 061 Salut Respon.